

# mIBG Imaging Clinical Studies ... 2010

*More than 250 publications...*

*But...*

*Single-centre, small number of patients*

*No standardised protocols*

*Diagnostic criteria and endpoints not always prospectively established*

Prognosis  
Manrique et al,  
EJNMMI

ADMIRE-HF,  
prognosis  
JACC

1992

1999

2008

2009

2010

Prognosis  
Merlet et al  
J Nucl Med

Prognosis  
Merlet et al  
J Nucl Med

Meta-analysis  
Verberne et al  
European Heart

European Retro Study  
Agostini et al  
EJNMMI

Boogers, ICD  
JACC

# Myocardial Iodine-123 Meta-Iodobenzylguanidine Imaging and Cardiac Events in Heart Failure

Results of the Prospective ADMIRE-HF (AdreView  
Myocardial Imaging for Risk Evaluation in Heart Failure) Study

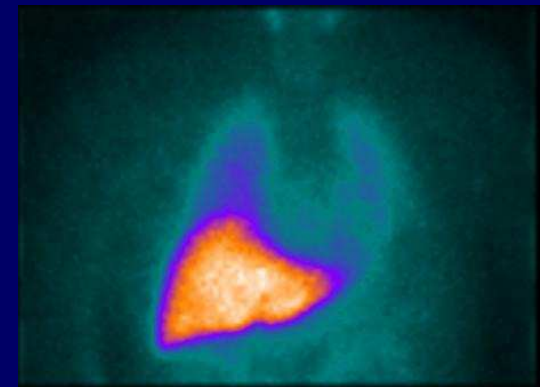
Arnold F. Jacobson, MD, PHD,\* Roxy Senior, MD,† Manuel D. Cerqueira, MD,‡  
Nathan D. Wong, PHD,§ Gregory S. Thomas, MD, MPH,§ Victor A. Lopez, BS,§  
Denis Agostini, MD, PHD,|| Fred Weiland, MD,¶ Harish Chandna, MD,# Jagat Narula, MD, PHD,§  
on behalf of the ADMIRE-HF Investigators

*Princeton, New Jersey; London, United Kingdom; Cleveland, Ohio; Irvine, California; Caen, France;  
Roseville, California; and Victoria, Texas*



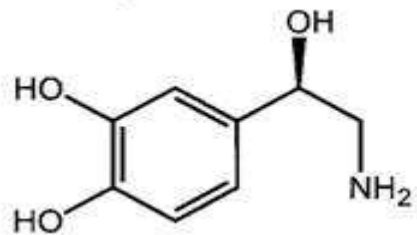
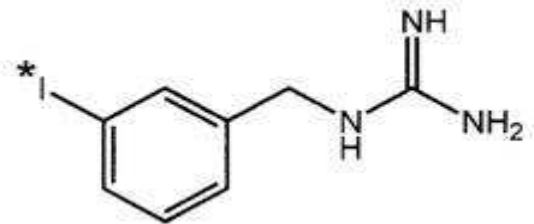
## New Risk Stratification Evidence from the ADMIRE-HF Study

Pr Denis Agostini  
MD - PhD  
CAEN- FRANCE  
- Bordeaux 2010 -

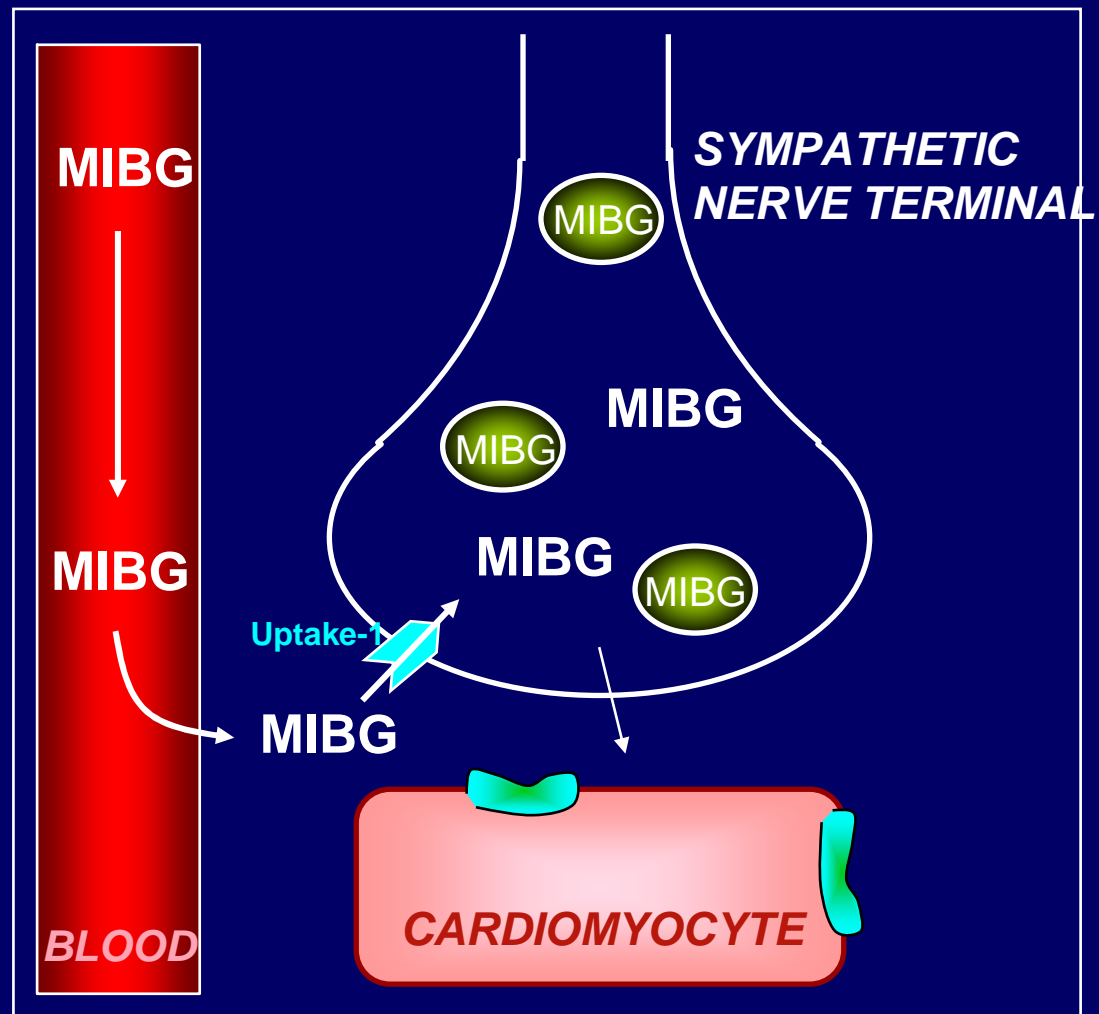


# Tracing Presynaptic Sympathetic Innervation by MIBG Imaging

<sup>123</sup>I-METAIODOBENZYL-GUANIDINE (MIBG)



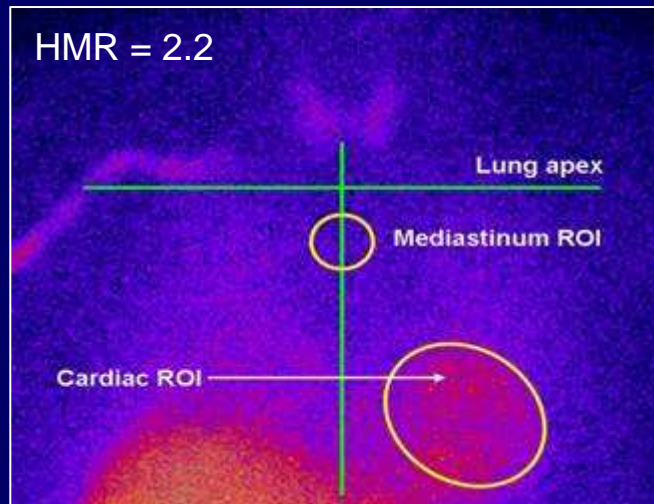
NOREPINEPHRINE



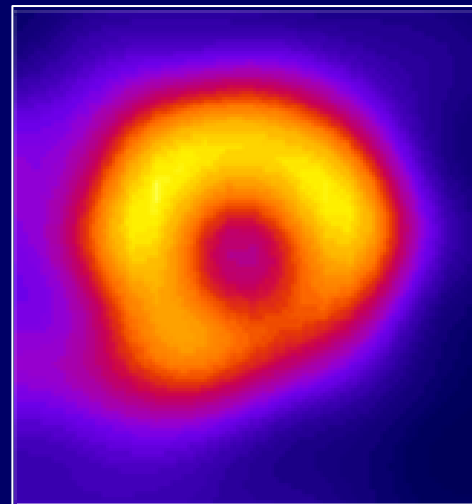
# 123-I Metaiodobenzylguanidine (123-I MIBG) Imaging

**Normal MIBG uptake**

## PLANAR IMAGING



## SPECT IMAGING

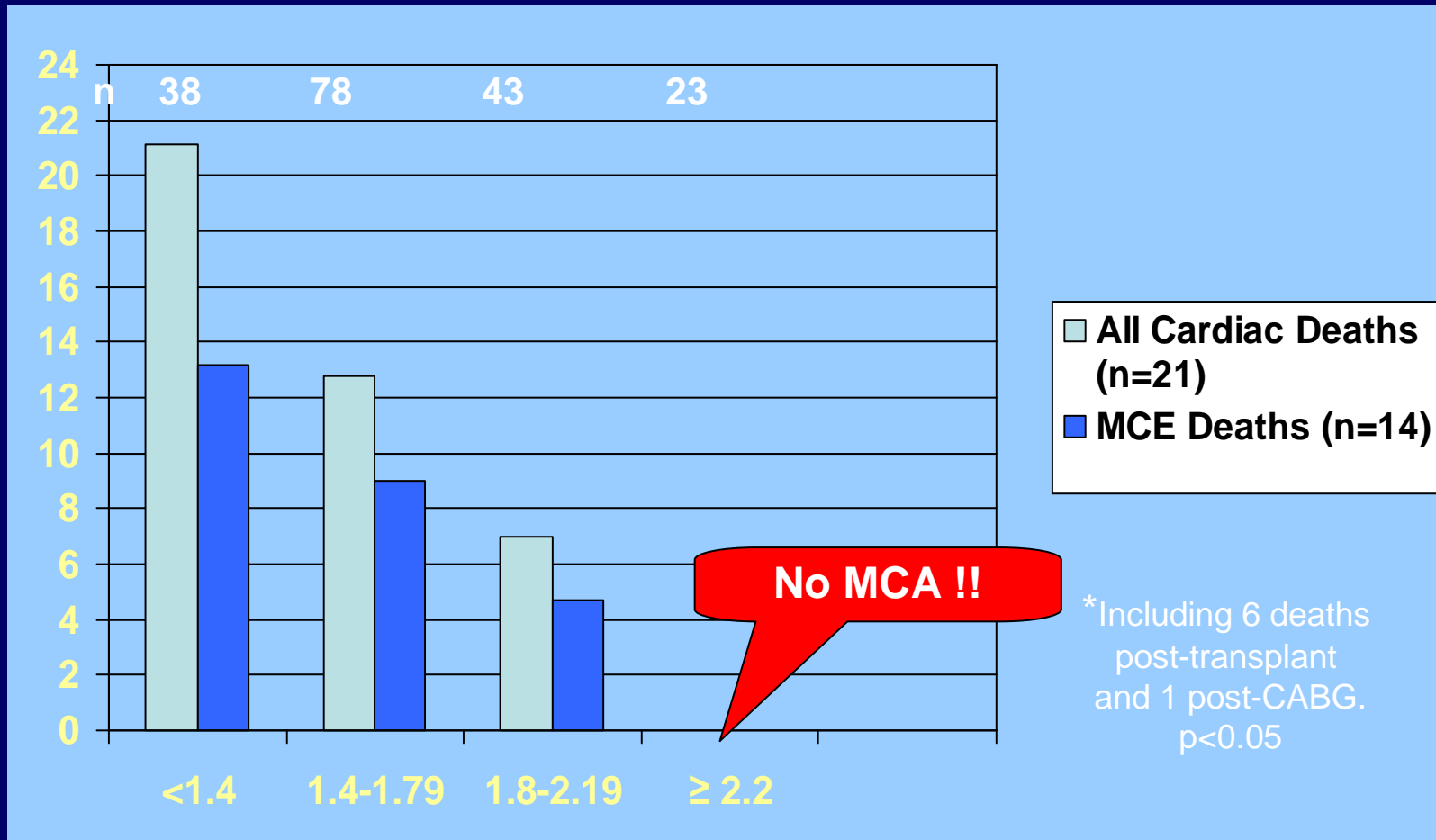


Agostini et al EJNMI 2009

Flotats et al EJNMI 2010

# MIBG imaging and Patients NYHA II-III, LVEF $\leq$ 35% (n=182) : retrospective study

%  
Death/year



Late H/M Ratio

# ADMIRE-HF patients Characteristics

NYHA II/III - 83% class II, 17% class III

Ischaemic and non-ischaemic heart failure - 66% ischaemic, 34% non-isch.

LVEF  $\leq$ 35%

Mean LVEF: 27% (range 5-35%)

Guidelines-based management including diuretic, statin (lipid reducer),

$\beta$ -blockers, ACE inhibitors\*, ARBs\*\*, ARAs\*\*\* (Antihypertensive)

Mean age: 62.4 years

386 subjects had ICDs - 185 at baseline, 201 over course of study

\*ACE inhibitors: Angiotensin Converting Enzyme Inhibitors

\*\*ARB: Angiotensin Receptor Blockers

\*\*\*ARA: Aldosterone Receptor Antagonist

# ADMIRE-HF objective

## Primary objective

- To demonstrate the prognostic value of the H/M ratio of AdreView for identifying subjects at higher risk of an adverse cardiac event

## Secondary objectives

- To quantify the risks for adverse cardiac events due to heart failure and arrhythmias
- To assess myocardial sympathetic innervation H/M ratio as a continuous variable

# ADMIRE-HF endpoints

## Composite primary endpoint

- Occurrence of any of the following 3 categories of adverse cardiac events
- Heart failure progression, arrhythmia and cardiac death
- Defined by the time to first event in relation to the H/M ratio

## Secondary endpoint

- Any secondary event following a first event of heart failure progression or arrhythmia
- Defined by the time to secondary event for all unique events in relation to H/M ratio



# ADMIRE-HF finding

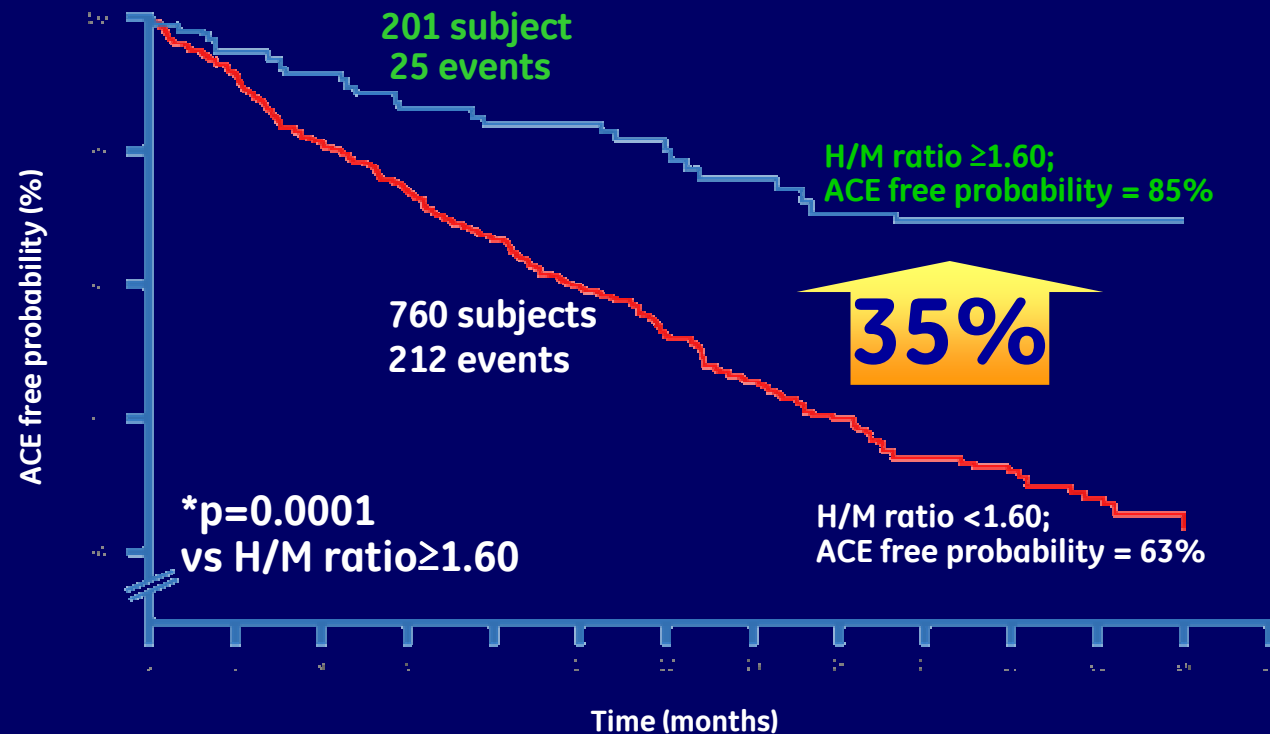
ADMIRE-HF supports a cut-off value for stratifying the risk of an adverse cardiac event

**H/M ratio  $\geq 1.6$  – low risk**

**H/M ratio  $< 1.6$  – high risk**

# Kaplan-Meier estimates of *ACE* free probability H/M ratio

237 subjects had an adverse cardiac event on primary analysis



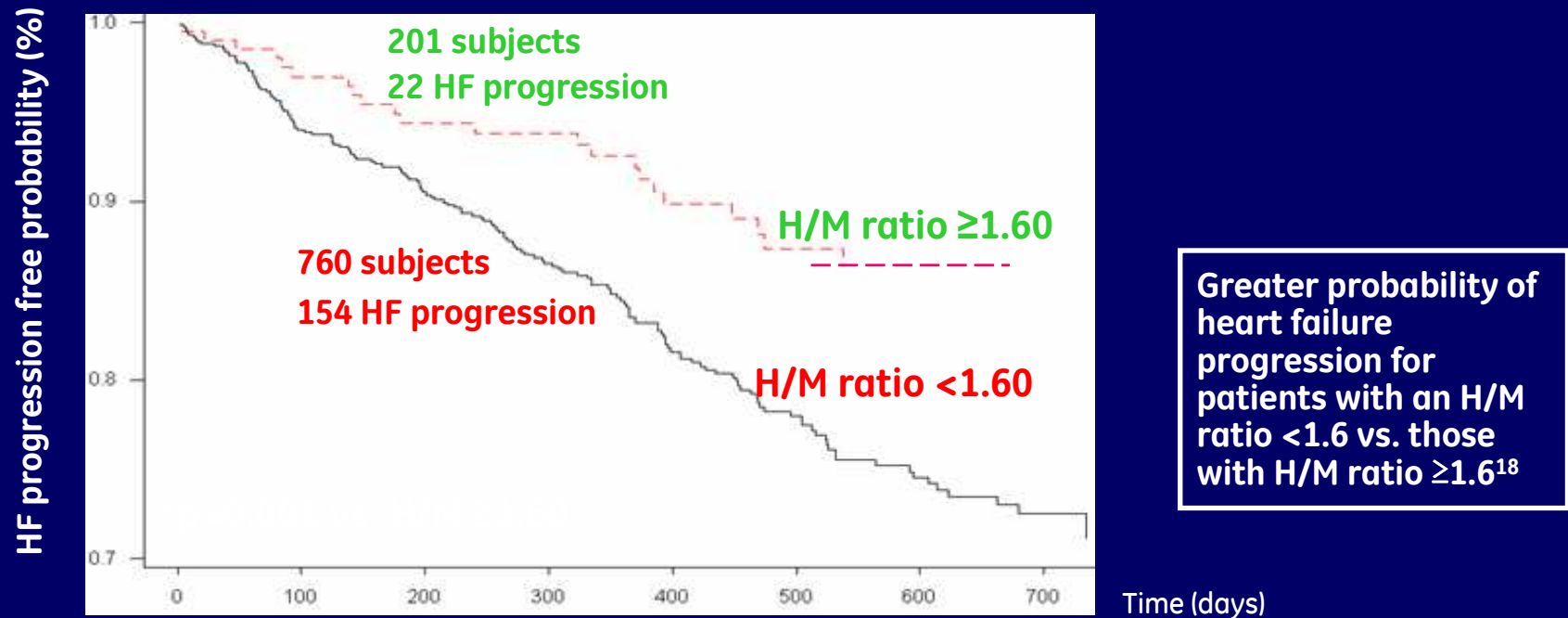
Separation from groups is evident within the first two months

35% greater probability of not experiencing an adverse cardiac event for patients with an H/M ratio  $\geq 1.6$  vs. those with H/M ratio  $< 1.6$

**AdreView: additional prognostic value for adverse cardiac event risk**

# Kaplan-Meier estimates of *HF progression* free probability H/M ratio

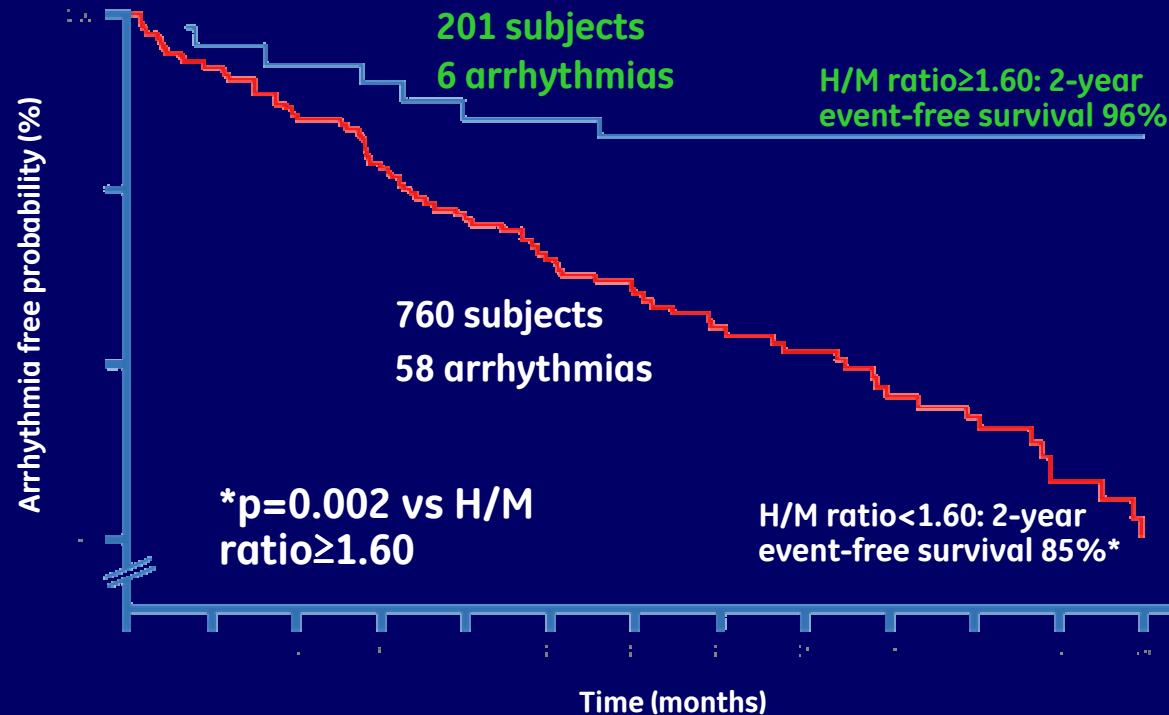
176 patients had heart failure progression on secondary analysis



AdreView: proven prognostic value for heart failure progression<sup>18</sup>

# Kaplan-Meier estimates of *Arrhythmia* free probability H/M ratio

64 patients had an arrhythmia on secondary analysis



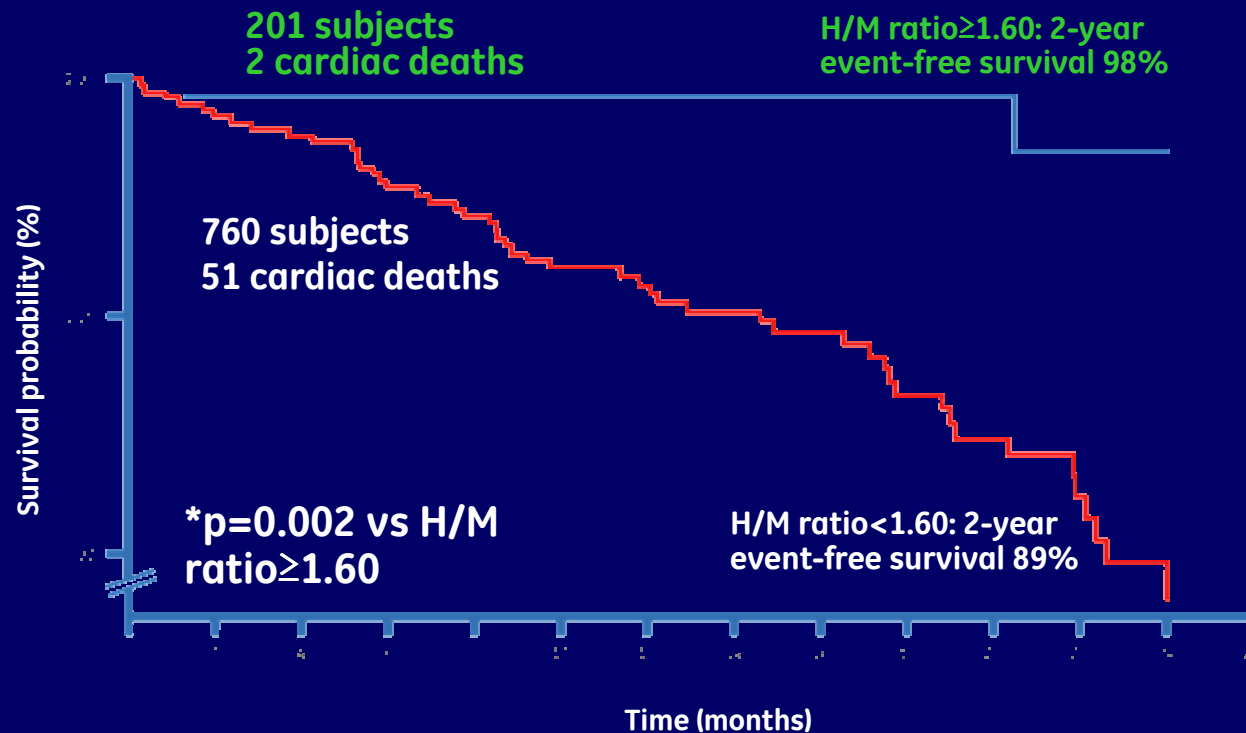
Negative Predictive Value of  
arrhythmia likelihood is 96%  
**NPV 96% for  
arrhythmias+++**

Greater arrhythmia-  
free survival at 2 years  
for patients with H/M  
ratio  $\geq 1.6$  vs. those with  
H/M ratio of  $< 1.6$

**AdreView: proven prognostic value for Arrhythmias**

# Kaplan-Meier estimates of *Survival* probability H/M ratio

53 patients died of cardiac death on secondary analysis



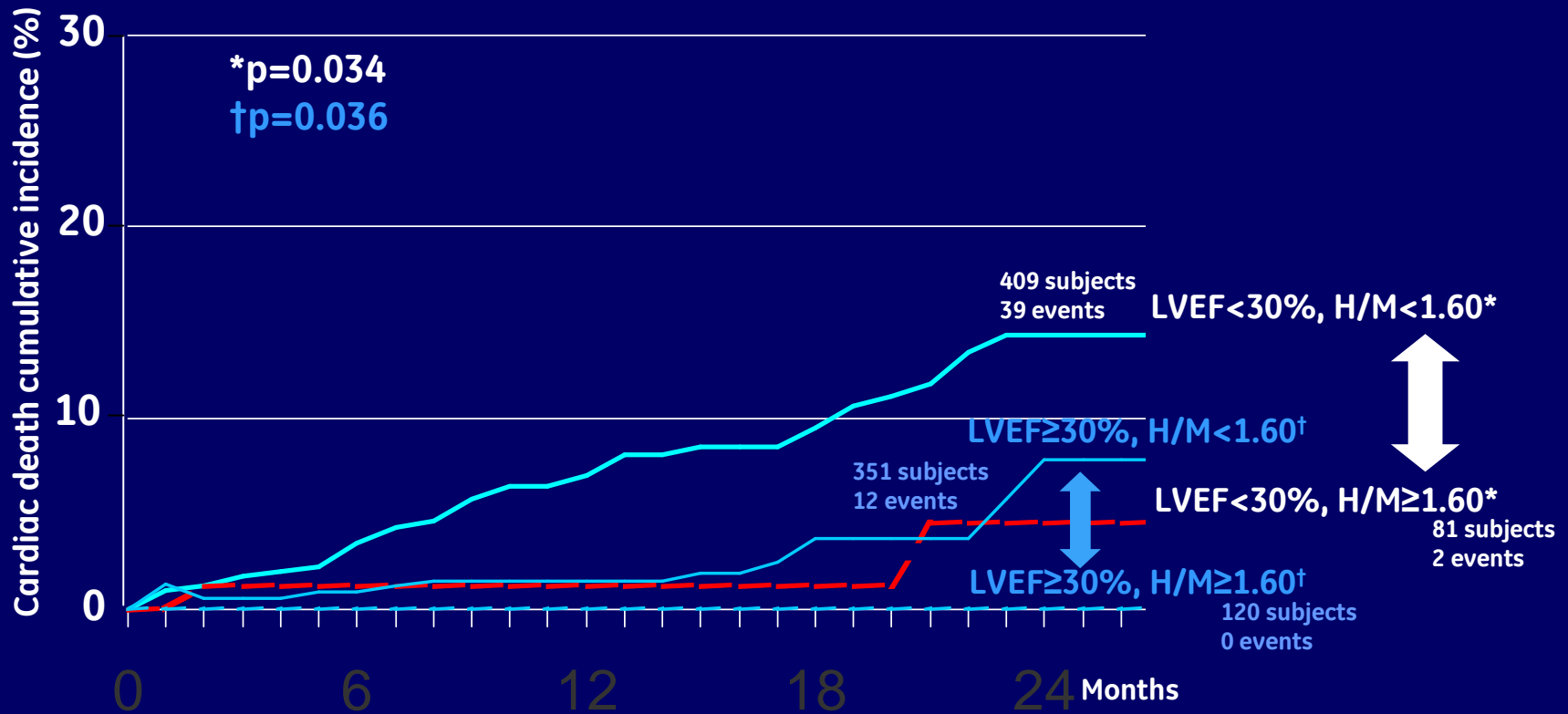
Negative Predictive Value of cardiac death likelihood is 98%  
**NPV 98% for cardiac death<sup>21</sup>**

Significantly greater probability of survival at 2 years for patients with H/M ratio  $\geq 1.6$  vs. those with H/M ratio  $< 1.6$ <sup>18</sup>

**AdreView: additional prognostic value for cardiac mortality**

# Kaplan-Meier estimates of *Cardiac Death* incidence MIBG vs. LVEF

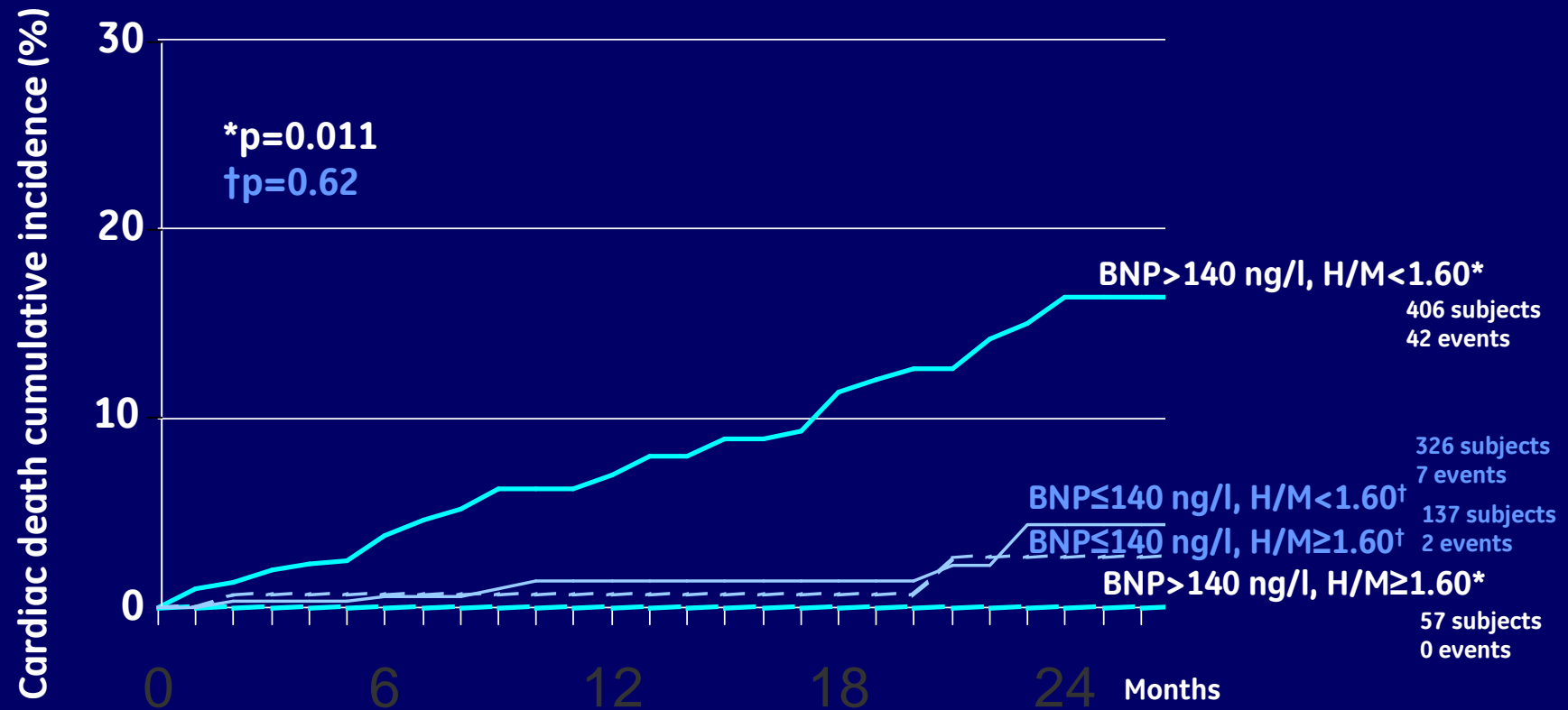
H/M ratio 1.6 ADMIRE-HF threshold vs. LVEF 30% MADIT II threshold on cardiac death



H/M ratio 1.6 threshold provides additional prognostic information over EF 30% threshold<sup>21</sup>

# Kaplan-Meier estimates of *cardiac death* incidence MIBG vs. BNP

H/M ratio 1.6 ADMIRE-HF threshold vs. BNP 140 ng/l threshold on cardiac death



H/M ratio 1.6 threshold provides additional prognostic information over BNP 140 ng/l t'hold

# Learning from these comparisons

## **Adreview vs LVEF and BNP**

- **H/M ratio 1.6 threshold provides additional prognostic information over the MADIT II LVEF 30% threshold**
- **H/M ratio 1.6 threshold provides additional prognostic information over the BNP 140 ng/l threshold**

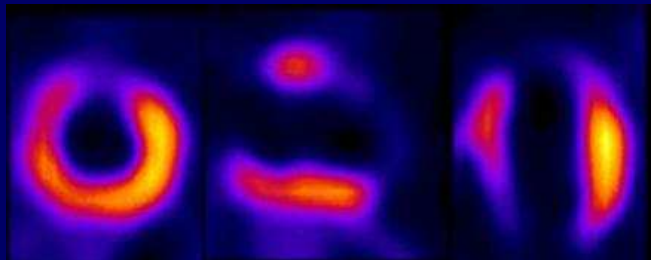


## Cardiac Sympathetic Denervation Assessed With 123-Iodine Metaiodobenzylguanidine Imaging Predicts Ventricular Arrhythmias in Implantable Cardioverter-Defibrillator Patients

Mark J. Boogers, MD,\*‡ C. Jan Willem Borleffs, MD,\* Maureen M. Henneman, MD,\*  
Rutger J. van Bommel, MD,\* Jan van Ramshorst, MD,\* Eric Boersma, PHD,§  
Petra Dibbets-Schneider, MSC,† Marcel P. Stokkel, MD, PHD,† Ernst E. van der Wall, MD, PHD,\*  
Martin J. Schalij, MD, PHD,\* Jeroen J. Bax, MD, PHD\*

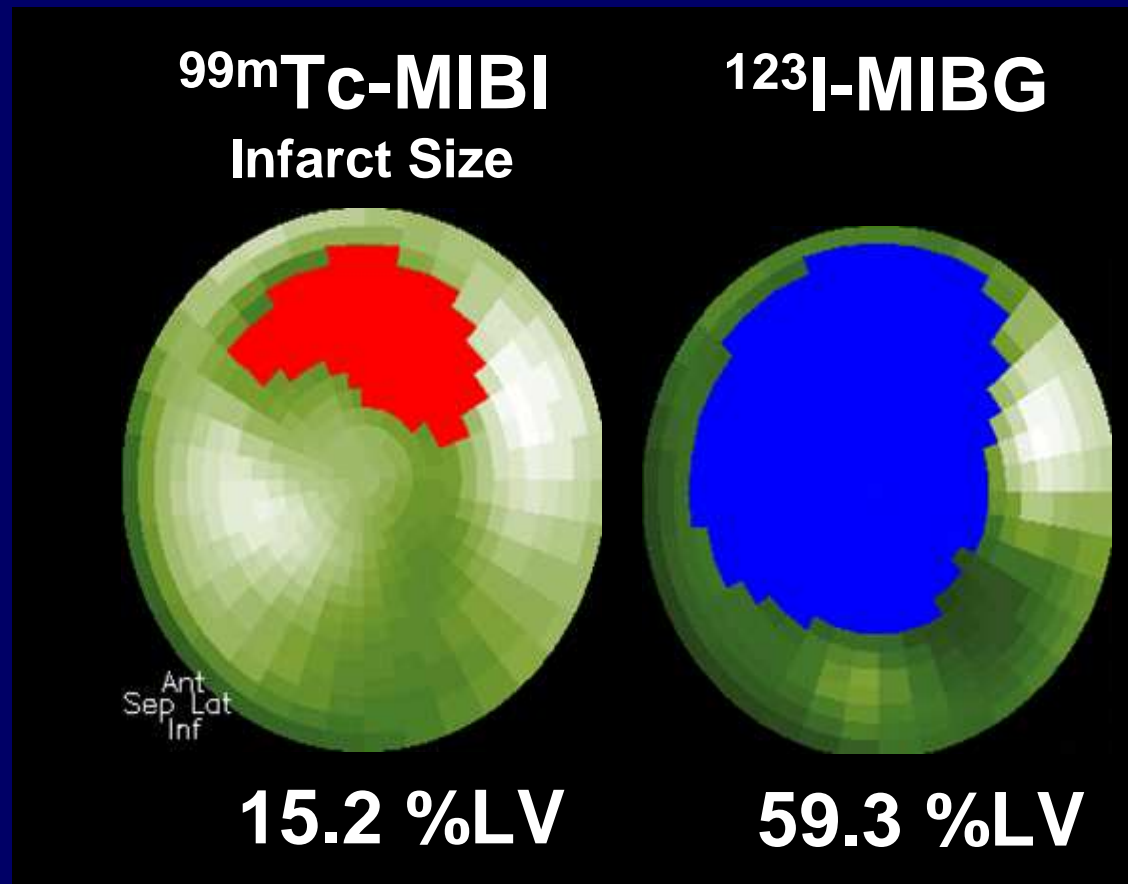
*Leiden, Utrecht, and Rotterdam, the Netherlands*

Could **AdreView™** IOBENGUANE (<sup>123</sup>I) INJECTION be the gatekeeper for  
ICD implantation in primary prevention  
of sudden death?



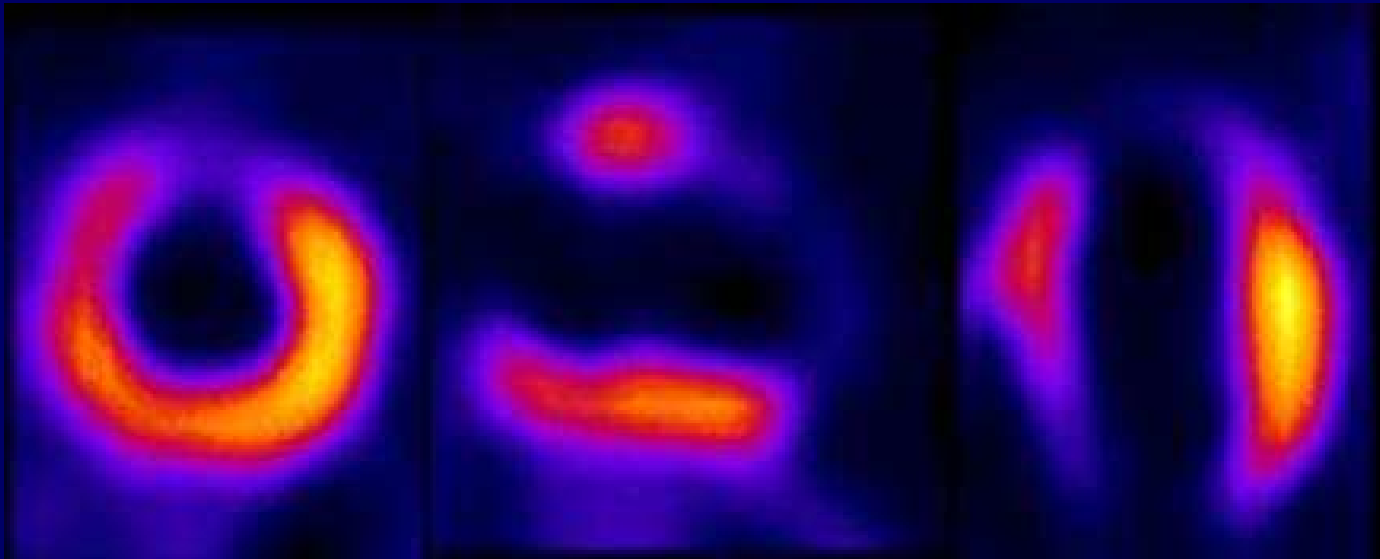
Boogers et al. JACC 2010

# Extent of Cardiac Sympathetic Denervation is far more EXTENSIVE than the infarct size



(perfusion – MIBG mismatch)

**Since ventricular arrhythmias (underlying SCD) come from a localized focus in the LV, a SPECT study may be preferred since it detects regional abnormalities**



# Study Population (n = 116)

**116 consecutive patients referred for ICD implantation based on guidelines for primary prevention**

Baseline characteristics of the study population (n = 116)

Characteristics	Values
Age (yrs)	65 ± 9
Male	80 (69)
Ischemic cardiomyopathy	86 (74)
NYHA functional class	3.0 ± 0.5
LVEF (%)	27 ± 8

# Endpoints

**Clinical Follow-up**

**From ICD implantation to first documented:**

**Appropriate ICD therapy (prim endpoint)**

**ATP or ICD shock induced by  
ventricular tachyarrhythmia**

**ICD therapy + Cardiac mortality  
(sec endpoint)**

# Results at 3 yr follow-up

## Primary endpoint (n = 24)

86 episodes of appropriate ICD therapy  
in 24 pts (21%)

## Secondary endpoint (n = 32)

Composite of appropriate ICD therapy  
or cardiac death in 32 pts (28%)

# Predictors for ICD therapy (prim endpoint) - Imaging variables

Univariable and multivariable analyses of baseline imaging variables

	Univariable analysis		Multivariable analysis	
	HR (95% CI)	p-value	HR (95% CI)	p-value
123-I MIBG imaging				
Early H/M ratio	0.43 (0.05 - 4.11)	0.5		
Late H/M ratio	0.32 (0.04 - 2.81)	0.3		
Cardiac washout rate (%)	1.03 (0.96 - 1.10)	0.5		
Early summed score	1.08 (1.03 - 1.12)	<0.01*		
Late summed score	1.15 (1.09 - 1.22)	<0.01*	1.15 (1.07 - 1.23)	<0.01*
<sup>99m</sup> Tc-tetrofosmin GMPS imaging				
Summed rest score	1.02 (0.98 - 1.06)	0.4		
Summed stress score	1.03 (0.99 - 1.07)	0.2		
Summed difference score	1.07 (0.98 - 1.16)	0.13*	0.98 (0.87 - 1.11)	0.7
123-I MIBG/GMPS mismatch score	1.06 (1.02 - 1.09)	<0.01*	1.01 (0.98 - 1.04)	0.5

# Predictors for ICD therapy or cardiac death (sec endpoint) – imaging variables

Univariable and multivariable analyses of baseline imaging variables

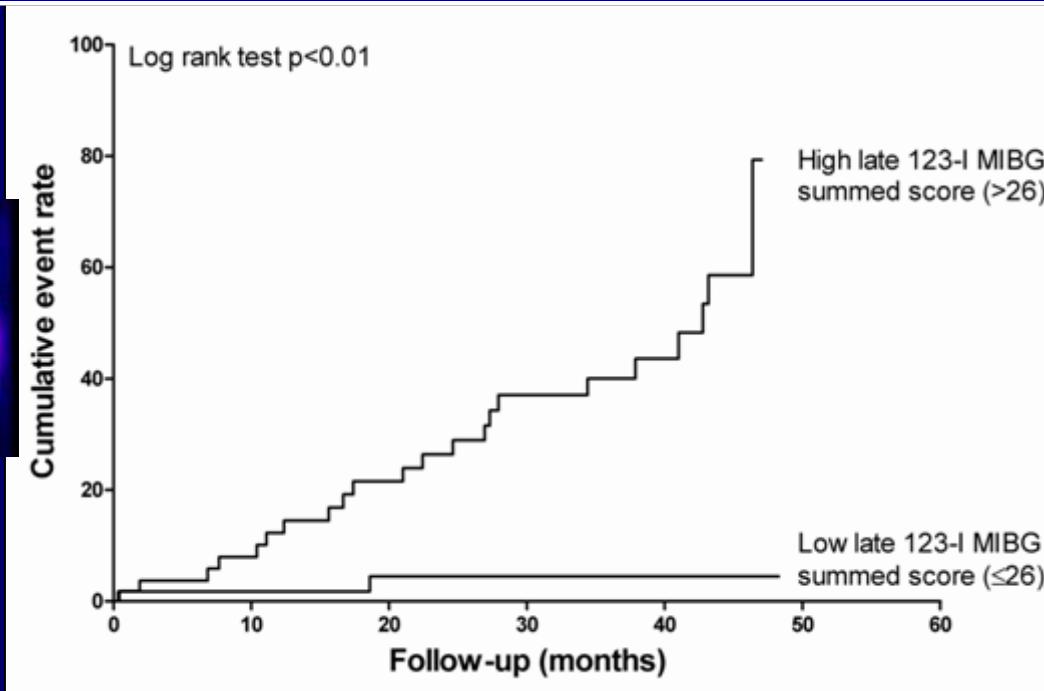
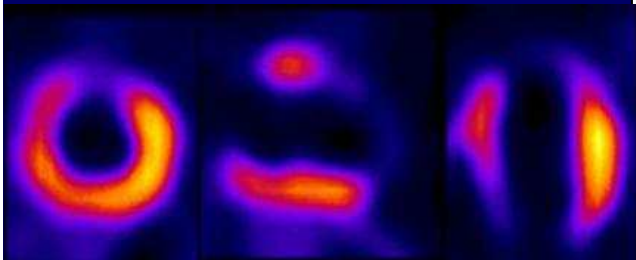
	Univariable analysis		Multivariable analysis	
	HR (95% CI)	p-value	HR (95% CI)	p-value
<b>123-I MIBG imaging</b>				
Early H/M ratio	0.30 (0.04 - 2.19)	0.2		
Late H/M ratio	0.21 (0.03 - 1.36)	0.10*	0.36 (0.03 - 4.02)	0.4
Cardiac washout rate (%)	1.04 (0.98 - 1.10)	0.2		
Early summed score	1.08 (1.04 - 1.12)	<0.01*		
Late summed score	1.13 (1.09 - 1.19)	<0.01*	1.12 (1.06 - 1.18)	<0.01**
<b><sup>99m</sup>Tc-tetrofosmin GMPS imaging</b>				
Summed rest score	1.02 (0.99 - 1.06)	0.3		
Summed stress score	1.02 (0.99 - 1.06)	0.2		
Summed difference score	1.03 (0.95 - 1.13)	0.5		
123-I MIBG/GMPS mismatch score	1.05 (1.02 - 1.08)	<0.01*	1.01 (0.98 - 1.04)	0.5



# Cumulative event rate for ICD therapy (MIBG-SPECT)



Population divided according to median MIBG summed defect score (26)



52%

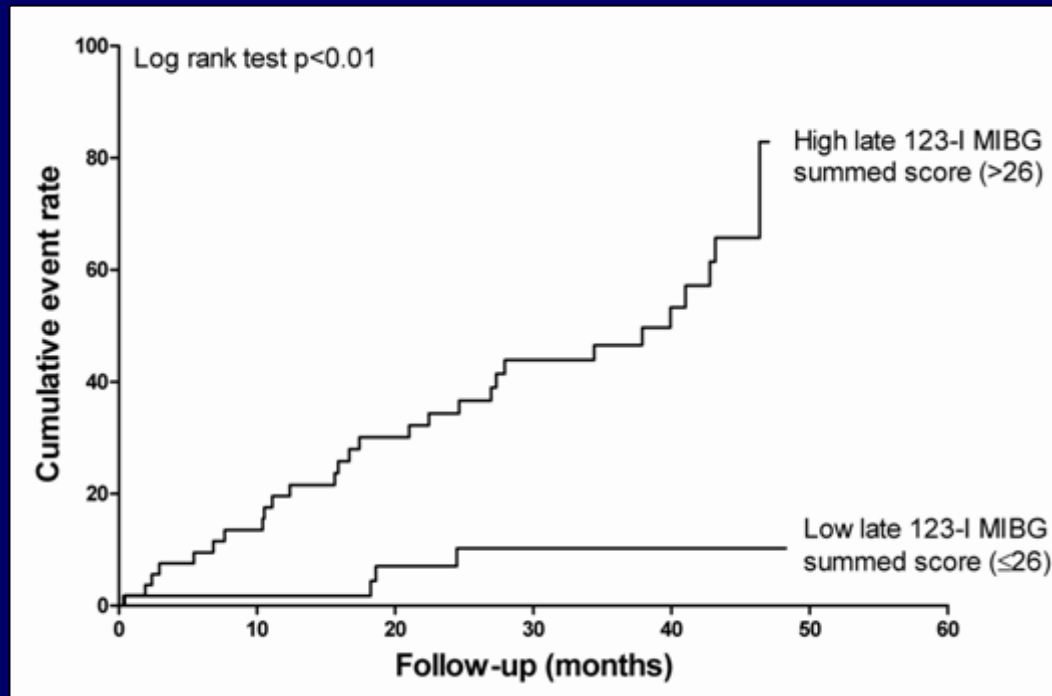
5%

Cumulative event rate 52% vs. 5%  
3-year follow-up data

# Cumulative event rate for ICD therapy or cardiac death



Population divided according to  
mean MIBG summed defect score (26)




57%

10%

**Cumulative event rate 57% vs. 10%**  
**3-year follow-up data**

# Conclusions from the Leiden MIBG – ICD study

- Cardiac innervation with  can be used for ICD selection in patients meeting MADIT II criteria
- A cut-off value of **26** for MIBG- SPECT (summed defect score) resulted in **95% certainty of no ICD shocks**

# Case 1

Male, aged 54 years, is considered for a CRT-ICD implantation but he does not fulfill the general criteria according to the international guidelines (LVEF <35%)

## *Clinical Characteristics*

**Medical history:** Anteroseptal myocardial infarction, LVEF 38%, heart failure NYHA II-III

**Risk profile:** Ex-smoker

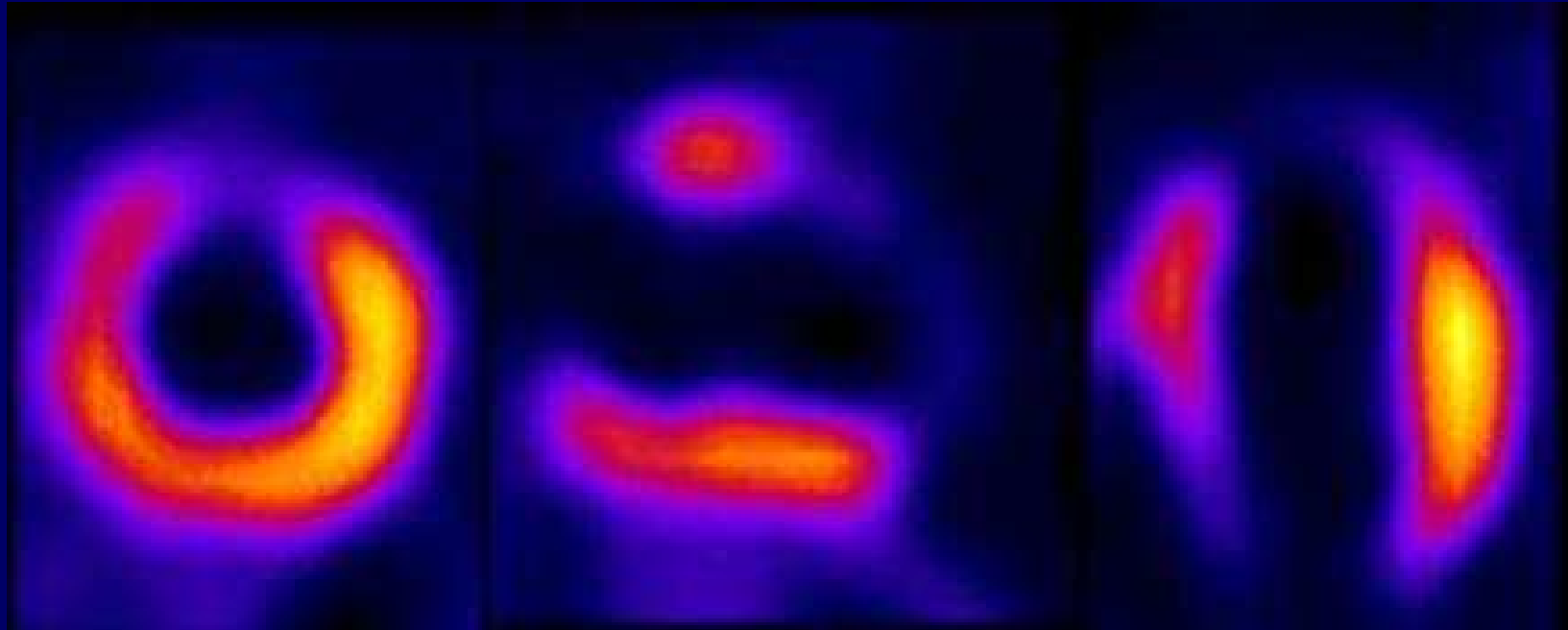
**Perfusion SPECT:** Antero-apical perfusion defect

## MIBG SPECT imaging

Short axis

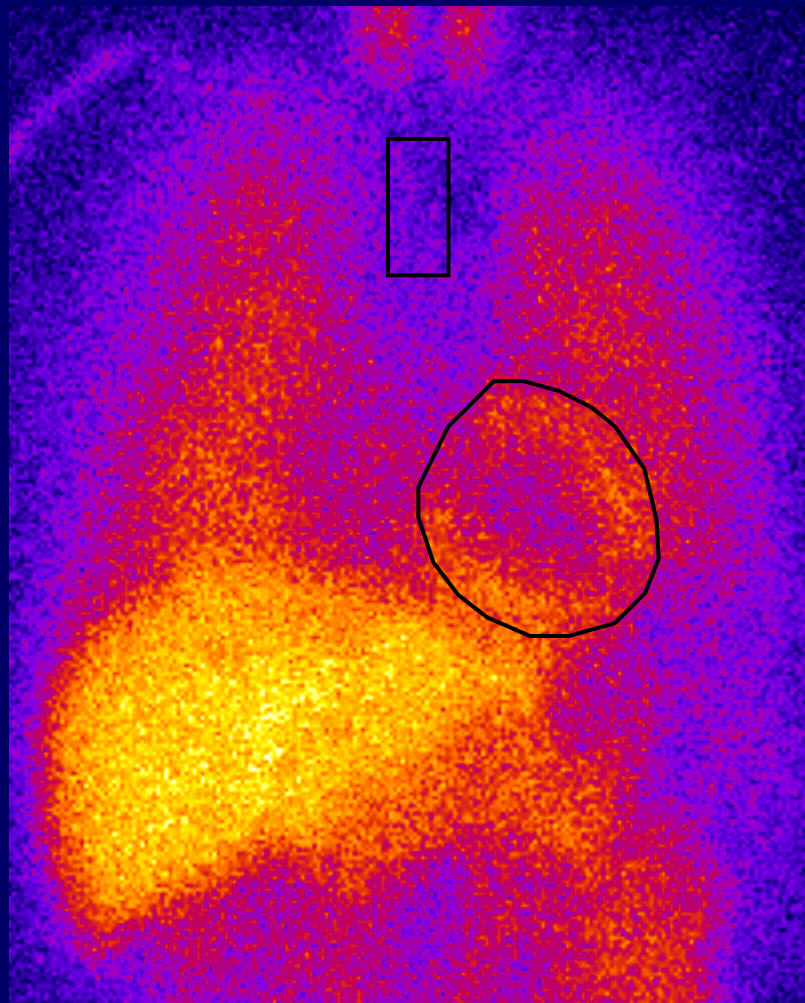
Vertical long axis

Horizontal long axis



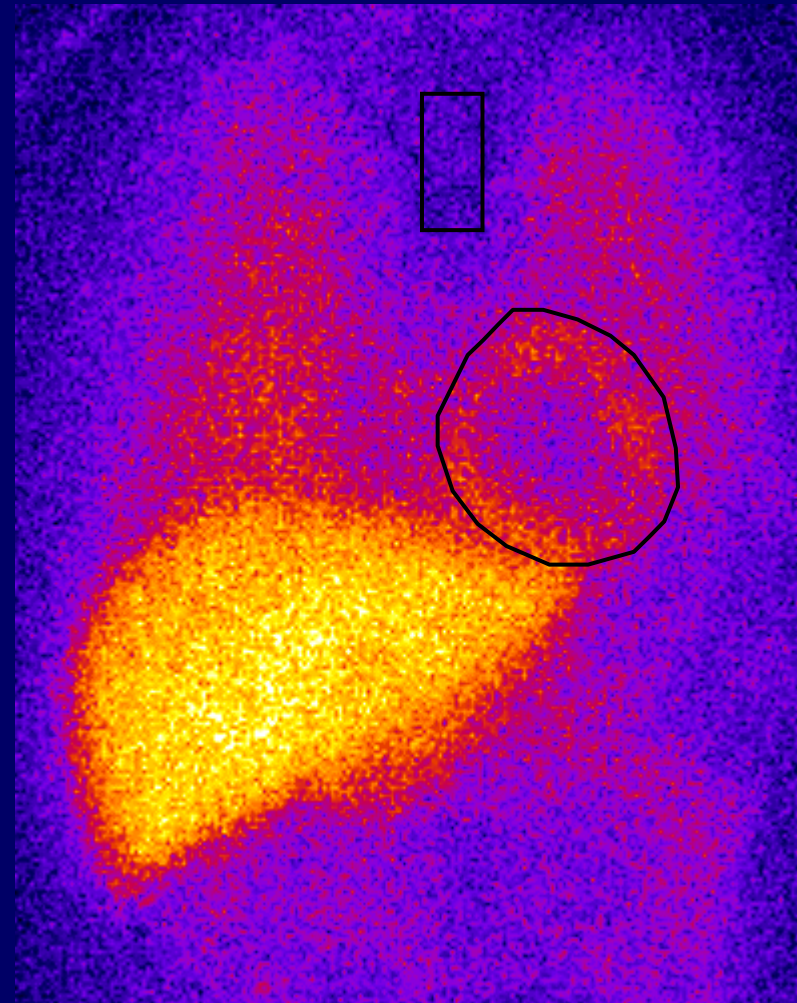
## mIBG planar imaging

Early image



H/M Ratio 2.06

Late Image: 4 hours



H/M Ratio 2.07

# Conclusion

The H/M ratio, which indicates the degree of heart's denervation measured by MIBGscan, showed that the cardiac innervation in this subject was preserved ( $>1.6$ ), and helped the cardiologist to decide not to implant any CRT-ICD device

# CONCLUSION

THE GOAL IS TO.....IN 201....

Standardization of MIBG imaging procedures  
Flotats et al from the ECNC  
EJNMMI

